



The Stone Soup Leadership Institute Performance Metrics Summary 2019

The Stone Soup Leadership Institute presented its **Performance Metrics** at its 15th Youth Leadership Summit for Sustainable Development in Newport, RI. The youth delegates filled out the form twice: once at the beginning and once at the close of the summit. We used this data to assess what they had learnt and analyze their growth throughout the week. The Institute's Performance Metrics consist of 9 categories that are vital to personal growth and success. These are listed as Adaptability, Communication, Conflict Resolution, Critical Thinking, Cultural Respect and Appreciation, Community Service, Education, Empathy, Motivation and Self-Care, Problem Solving, Project Management Skills, Teamwork, Tech Skills.

Data Summary

- Overall, in total, scores show an increase by 68 points (6.75%).
- The increase in average score was 7.6 points.
- The most dramatic increases: **Critical Thinking** (avg inc. 5 pts¹) and **Problem Solving** (avg inc. 4 pts)

Analysis by Individuals

- **Overall:** Youth reported better results in all categories and showed an improvement in the Post-Summit.
- **Maria** reported the greatest growth with an 18 points increase, significant improvement in most categories.
- **Micah** showed the greatest improvement in **Motivation** and **Self Care** (4 points).
- **Ke-Shawn** showed the greatest improvement in **Problem Solving**.

Youth Summary

Throughout the week, the Summit provided the youth delegates with opportunities to learn, lead and reflect, not only upon themselves but also upon their communities. Interviews with the delegates explain this and when matched with the numbers, provide insight into the increases in certain categories. In addition to learning more, each delegate has moved closer to making their dreams, for themselves and for their communities, a reality. Through the Summit, they have connected to the different resources that their communities have to offer and have learned how to find more. It has also provided each young person with an inherent understanding of themselves, strengths and weaknesses, and life planning tools to ensure that they do their best to make their dreams, a reality. The Summit has, first and foremost, provided the youth with a platform to learn about sustainability and the different facets of the Blue Economy. ***On Saturday, I learned about sustainability for the very first time,*** said New Bedford youth delegate Micah Ortiz. This sentiment was shared by other delegates, including Newport youth, Evelin Perez who reported a 6 pt. increase in her total score, ***When I started this program, I didn't even know that this word existed. Now I have a better understanding that it is to help us and everything around us.*** Through just having been exposed to basic concepts of Sustainability, the youth were more motivated to make change. In fact, Newport youth delegate Maria Rodriguez, who reported the highest increase (10 pts.), emphasized this, ***I discovered the real impact of our actions on the planet. I learned that there are so many things that we can do to save the planet, to try to stop climate change. We just have to take action.*** This has been particularly significant when comparing metrics outcomes.

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¹ These are average increases in each category, standardized across groups